

THE   
HIDDEN  
KITCHEN

**Weekly Meal Delivery**  
**Lunch & Dinner Menu**  
**March 10-13, 2020**

***TUESDAY***

Lunch

**BBQ Chicken Salad**

Chopped Romaine, Grilled BBQ Chicken Breast, Crumbled Bacon, Sharp Cheddar Cubes,  
Shredded Carrots, Green Onion, BBQ Sauce Drizzle  
House-Made Ranch Dressing

Dinner

**Turkey Cheeseburgers w/ Bacon & Apple Relish**

Pepper Jack Cheese, Whole Wheat Bun, Bread & Butter Pickles

**Garden Salad**

Shredded Carrots, Radish, Tomatoes  
Red Wine Vinaigrette

***WEDNESDAY***

Lunch

**Tuscan Chicken Salad**

Green Leaf Lettuce, Rosemary Marinated Chicken Breast, Roasted Bell Pepper,  
Roasted Eggplant, Marinated Artichoke, Parsley, Feta  
Creamy Italian Vinaigrette

Dinner

**Vietnamese Carmel Pork**

Sweet & Savory Carmel Glaze, Coconut Water

**Simple Pickled Vegetables**

Carrots, Cucumbers, Cilantro, Mint

**Steamed Basmati Rice**

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***THURSDAY***

Lunch

**Southwest Chicken Salad**

Green Leaf Lettuce, Spicy Grilled Chicken Breast, Roasted Corn, Tomato & Black Bean Salsa,  
Green Onion, Feta, Sprouted Pumpkin Seeds  
House-Made Chipotle Vinaigrette

Dinner

**Chicken Piccata**

Thinly Sliced Pan Sautéed Chicken, Savory Lemon Caper Sauce

**Roasted Potato Wedges**

Garlic, Rosemary

***FRIDAY***

Lunch

**Buffalo Chicken Salad**

Chopped Romaine, Grilled Chicken in Spicy Buffalo Sauce, Blue Cheese,  
Chopped Celery, Shredded Carrots, Cucumber, Green Onion  
White Wine Vinaigrette

Dinner

**Carne Asada Tacos**

Ground Beef, Broiled Eggplant, Pecorino, Yogurt Sauce

**Cumin Black Beans**

**Savory Tomato Mexican Rice**